



Learn to Play Guitar!



"Learn to Play Guitar" with Chris Nero

Excited about learning how to play the guitar? The 5-week sessions meet once per week, this will enable the novice how to read music as well as play melodies on the guitar. Strumming, picking strings, playing major, minor and seventh chords will be taught. Song sheets will be provided throughout the course ranging from folk, contemporary, ballads and even rock-n-roll. The book used for lessons is the Mel Bay Guitar Book Modern Method 1 and purchased for a nominal fee, from Mr. Nero. A fall and spring recital will be planned. Remember, no experience is necessary.

Mr. Nero is currently teaching at The Georgia Center For The Arts in Kennesaw, Georgia. He was awarded "Teacher of the year 2005" at the North Gwinnett Community School. He is enjoying his fifth year with the Cumming Recreation & Parks Dept.

Chris performs with his jazz quartet, "Palladium", as well as performing as a solo act, either playing classical, jazz or acoustic guitar. If you would like to contact Chris, you may reach him at his E-mail jazzmn2@yahoo.com or directly at 770-843-8093.

Monday Sessions

(5-Week Session)

<i>September 14—October 12</i>	TIME: 6:30—7:45 pm
<i>October 19—November 16</i>	COST: \$57
<i>November 23—December 21</i>	AGES: 10—60 years
<i>January 4—February 1</i>	LOCATION: Cumming Rec. Building
<i>February 8—March 8</i>	Instructor: Chris Nero
<i>March 15—April 12</i>	

Saturday Sessions

(5-Week Session)

<i>September 5—October 3</i>	TIME: 9:30—10:45 am
<i>October 10—November 7</i>	COST: \$57
<i>November 14—December 12</i>	AGES: 10—60 years
<i>January 9—February 6</i>	LOCATION: Cumming Rec. Building
<i>February 13—March 13</i>	Instructor: Chris Nero
<i>March 20—April 17</i>	

Tumble Time



Gymnastics Clinic



DAY / TIME:	FRIDAYS	3:30—5:30 pm
AGES:	4 1/2 - 7 1/2	
COST:	\$20 per Friday clinic	
LOCATION:	Dobbs Creek Recreation Center	
INSTRUCTOR:	Trish Merck	

Could your gymnast use additional time in the gym? Well, Tumble Time Clinics are just what they need. Every 3rd and 6th Friday of each six-week gymnastics session, your gymnast may come for work on fundamental tumbling skills. Gymnasts will use mats, tumble track and pit for training.

Tumble Time Clinics

Friday, Oct. 2	Friday, Oct. 23
Friday, Nov. 20	Friday, Dec. 18
Friday, Jan. 22	Friday, Feb. 12
Friday, Mar. 12	Friday, Apr. 2



Gym & Dance Workshops

October 28 & 29

Ms. Cindi and Ms. Trish are teaming up again for another wonderful gymnastics & dance workshop. This will be a great opportunity to try both activities in one workshop. Basic gymnastics and dance skills will be taught.

Wednesday, Oct. 28 Thursday, Oct. 29
(\$20.00 per day or \$35.00 for both days)

Ages 3.5-5.5 9:00 am — 11:00 am

Ages 4.5 —8.5 1:00 pm — 3:00 pm

*Dobbs Creek Recreation Center
Ms. Trish & Ms. Cindi*

GYMNASTICS

6-Week Session Schedule



CLASS	AGE	INSTRUCTOR	DAY	TIME	PRICE
MOM/POP & TOT	15—36 months	Trish/Sandy	MONDAY	5:50—6:20 pm	\$44
		Trish/Sandy	TUESDAY	9:00—9:30 am	\$44
		Trish/Julie	WEDNESDAY	9:35—10:05 am	\$44
		Sandy	THURSDAY	10:00—10:30 am	\$44
		Sandy/Janelle	FRIDAY	9:30—10:00 am	\$44
MINI TOTS	2 1/2—3 1/2	Trish	MONDAY	1:55—2:25 pm	\$44
		Sandy	MONDAY	5:15—5:45 pm	\$44
		Trish/Sandy	TUESDAY	10:20—10:50 am	\$44
		Trish/Sandy	TUESDAY	11:40am—12:10 pm	\$44
		Trish/Julie	WEDNESDAY	9:00—9:30 am	\$44
		Trish/Julie	WEDNESDAY	10:55—11:25 am	\$44
		Sandy	WEDNESDAY	4:55—5:25 pm	\$44
		Sandy	THURSDAY	10:35—11:05 am	\$44
		Sandy/Janelle	FRIDAY	10:05—10:35 am	\$44
TUMBLE TIGERS 1	3 1/2—5	Trish/Sandy	MONDAY	2:30—3:10 pm	\$49
		Trish	MONDAY	6:25—7:05 pm	\$49
		Trish/Sandy	TUESDAY	9:35—10:15 am	\$49
		Trish/Sandy	TUESDAY	10:50—11:30 am	\$49
		Sandy	TUESDAY	1:10—1:50 pm	\$49
		Trish/Julie	WEDNESDAY	10:10—10:50 am	\$49
		Trish/Sandy	WEDNESDAY	2:20—3:00 pm	\$49
		Sandy	WEDNESDAY	5:30—6:10 pm	\$49
		Sandy	THURSDAY	11:10—11:50 am	\$49
		Sandy/Janelle	FRIDAY	10:40—11:20 am	\$49
ADVANCED TUMBLE TIGERS I	4 1/2—6 1/2	Trish/Sandy	MONDAY	3:15—3:55 pm	\$49
		Sandy	MONDAY	6:25—7:05 pm	\$49
		Trish	TUESDAY	1:10—1:50 pm	\$49
		Trish	TUESDAY	5:35—6:15 pm	\$49
		Trish/Julie	WEDNESDAY	11:30am—12:10pm	\$49
		Sandy	WEDNESDAY	1:35—2:15 pm	\$49
		Sandy	WEDNESDAY	6:15—6:55 pm	\$49
		Sandy	THURSDAY	11:55am—12:35 pm	\$49
		Sandy/Janelle	FRIDAY	11:25am—12:05 pm	\$49
TUMBLE TIGERS 2	4 1/2 —7	Sandy	TUESDAY	6:20—7:10 pm	\$51
		Sandy/Trish	WEDNESDAY	3:05—3:55 pm	\$51
		Trish	THURSDAY	3:05—3:55 pm	\$51
TUMBLE TIGERS 3	4 1/2—7	Trish	TUESDAY	3:10—4:10 pm	\$55
		Trish	THURSDAY	6:15—7:15 pm	\$55
MINI TEAM	Pre—K Pre—School	Trish	TUESDAY	3:10—4:10 pm	\$55
		Trish	WEDNESDAY	1:10—2:10 pm	\$55
TEAM TIGERS	4 1/2—7 1/2	Trish	TUESDAY	4:15—5:30 pm	\$58
		Trish	THURSDAY	5:15—6:30 pm	\$58
JUNIOR TEAM	4 1/2—7 1/2	Trish/Sandy	MONDAY	4:00—5:30 pm	\$100 (both days)
		Trish	THURSDAY	4:00—5:30 pm	
TUMBLE TIME	4 1/2—7 1/2	Sandy	WEDNESDAY	4:00—4:50 pm	\$51
		Sandy/Janelle	FRIDAY	12:10—1:00 pm	\$51

Gymnastics Jubilee will be held Sunday, May 16, through Tuesday, May 18.

ALL GYMNASTICS & CLASSES ARE HELD AT THE DOBBS CREEK RECREATION CENTER



GYMNASTICS

Gymnastics is one of the best individual sports to help children build self-confidence, flexibility, agility & body control. The Recreation Department is proud to have as gymnastics instructors: Trish Merck, Deven Pressley, Paul Daniel, Cathy Campfield, Sandy Mahler, Rachel Satori, Tina Davis, Lauren Weeks, Taylor Eason & Susan Seibert.

Trish is the director of our pre-school gymnastics program. She has over 28 years of gymnastics teaching experience and is USAG safety certified, and has completed the KAT (Kinder Accreditation for Teachers certification program).

Deven is director of our school age gymnastic program and has over 18 years experience teaching gymnastics and is certified through United States American Gymnastics & is an accredited professional in safety and skill evaluation with USAG.

Paul has been coaching gymnastics for over 20 years. He has worked at the Krafft Academy as an assistant with compulsories & optional for Level 8 to Elite; worked as head coach & team director at Gymnastics Unlimited, & began the gymnastics program at All-Star Gymnastics.

Sandy has been teaching gymnastics for over 30 years & was a competitive gymnast for 7 years. She has a degree in Elementary Education & taught school in Florida before moving to Cumming.

Cathy has been involved with the sport of gymnastics for over 30 years. She was a competitive gymnast for 11 years, qualifying for National Championships five times. She is a level 10 gymnastics judge, judging competitions throughout the state.

Rachel coached at the Alpharetta Recreation Dept. for 5 years, and was also a member of the first State Championship gymnastics team at the Roswell Recreation and Parks Dept.

Tina attended North Georgia & State University where she obtained both B.S. and M.S. degrees in Early Children Education. She has 12 years of teaching experience.

Lauren, a former Gymnastics member, is a high school graduate and will be entering college this January. She has been assisting with various classes for several years.

Taylor has been coaching boys gymnastics, men & women (AAU & USAG), strength, flexibility and general sports readiness for 12 years.

Susan attended Auburn University where she obtained a B.S. in elementary Education. She has been in the fitness industry for 25 years. Susan has been with us for 3 years.

INSTRUCTIONAL SESSIONS (6-WEEKS)

(Gymnastics Classes will not meet the week of November 23—27)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 April 12—May 17	Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 April 13—May 18	Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—Mar 31 April 14—May 19	Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—April 1 April 15—May 20	Sept 18—Oct 23 Nov 6—Dec 18 Jan 8—Feb 12 Feb 26—April 2 April 16—May 21

AGE GROUP / CLASS	INSTRUCTOR	DAY	TIME	PRICE
Girls Gym 1 Ages 5 1/2-8	Tina	MONDAY	4:40—5:30 pm	\$54
	Tina	MONDAY	6:30—7:20 pm	\$54
	Lauren	TUESDAY	3:10—4:00 pm	\$54
	Susan	WEDNESDAY	5:40—6:30 pm	\$54
	Autumn	THURSDAY	4:10—5:00 pm	\$54
Girls Gym 1 Ages 8 & up	Autumn	TUESDAY	4:10—5:00 pm	\$54
	Lauren	TUESDAY	5:45—6:35 pm	\$54
	Lauren	THURSDAY	6:45—7:35 pm	\$54
	Marilla	FRIDAY	4:40—5:30 pm	\$54
Boys Gym 1 (Ages 5 1/2—8)	Taylor	TUESDAY	4:00—4:50 pm	\$54
		TUESDAY	6:50—7:40 pm	\$54
		THURSDAY	4:30—5:20 pm	\$54
Boys Gym 1 (Ages 8 & up)	Taylor	THURSDAY	5:20—6:10 pm	\$54
		FRIDAY	4:40—5:30 pm	\$54
Boys Gym 2 6 & up	Taylor	TUESDAY	4:50—5:50 pm	\$59
		TUESDAY	5:50—6:50 pm	\$59
		THURSDAY	3:30—4:30 pm	\$59
Girls Gym 2 Ages 5 1/2—8	Tina Deven Susan	MONDAY	5:30—6:30 pm	\$59
		TUESDAY	3:10—4:10 pm	\$59
		WEDNESDAY	4:40—5:40 pm	\$59
Girls Gym 2 Ages 8 & up	Tina Lauren	MONDAY	7:20—8:20 pm	\$59
		THURSDAY	5:45—6:45 pm	\$59
Girls Gym 3 Ages 6 & up	Deven Lauren	THURSDAY	3:10—4:10 pm	\$59
		TUESDAY	6:35—7:35 pm	\$59
Girls Gym 4 Ages 6 & up	Lauren/Marilla	MONDAY	5:30—6:40 pm	\$64
Girls Gym 5 Ages 7 & up	Lauren/Marilla	MONDAY	6:40—7:50 pm	\$64
Homeschool Gym (Ages 6 & up)	Sandy	TUESDAY	2:10—3:00 pm	\$54
Tumbling I (Ages 8 & up)	Taylor	THURSDAY	6:10—7:00 pm	\$54
Tumbling II (Ages 8 & up)	Taylor	THURSDAY	7:00—8:00 pm	\$59

GYMNAST MUST BE EVALUATED BY INSTRUCTOR



Gymnastics Class Descriptions



MOM/POP & TOT-A fun class for parent and child to participate in together. Children are introduced to basic movements, fine and gross motor skills and games for their age. **Ages 15-36 months**

MINI TOTS-The class is designed just for toddlers, helping them develop gymnastics and motor skills on their level as well as enhancing their listening and social skills in a structured and fun atmosphere. **Ages 2 ½-3 ½.**

TUMBLE TIGERS 1-A fun-oriented gymnastics class where your child will learn fundamental gymnastics skills on all gymnastics equipment. Your child will be encouraged as general fitness and self-confidence are gained. **Ages 3 ½-5**

ADVANCED TUMBLE TIGERS 1- For the student who has already participated in Tumble Tigers 1 and has been promoted, has turns 5 years of age. **Ages 4 1/2-6 1/2**

TUMBLE TIGERS 2 & 3- Gymnasts must be recommended by a instructor for this class (or be evaluated by an instructor if you are new to the program). The class is designed for the gymnast that is progressing in their skills and is ready for a more challenging class. **Ages 4 1/2-7**

MINI TEAM/TEAM TIGERS- These teams will work on all 4 competitive gymnastics apparatus while continuing to progress their tumbling skills. These teams will prepare the gymnast for a higher level class or team. **Gymnast must be invited to participate in these classes . Mini Team Ages Pre-K-Pre-School Team Tigers Ages 4 ½-7 ½**

JUNIOR TEAM—This team will work on all 4 competitive gymnastics apparatus. They will learn AAU level 2 compulsory routines along with learning performing routines **Gymnast must be invited to participate in this class. Ages 4 ½-7 ½**

TUMBLE TIME-This is a basic tumbling class where kids will work on

floor skills only, using the different mats and tumble trak. This is a great additional class to pair up with your child's regular gymnastics class. **Ages 4 1/2-7 1/2.**

GYM & DANCE- A gymnastics & dance combination class. The class will touch on the basics , gymnastics will primarily be tumbling skills with minor use of the apparatus and dance will introduce your child to ballet. **Ages 3-5.**

HOMESCHOOL GYMNASTICS- Gymnastics classes at the beginner, intermediate, and advanced levels for the elementary-aged homeschooler. This is a great class to learn basic gymnastics skills, stay physically active & interact with other children. **Ages 6 & Up.**

TUMBLING I- Students will learn strength and flexibility to accomplish the basic tumbling skills— rolls, handstands, cartwheels and back bends. **Tumbling II** An advanced class to learn back and front handsprings, front and back tuck. Etc. **Ages 8 & up**

GIRLS GYMNASTICS 1-4 (Progressive) - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnasts begin with Girls Gym 1 and must complete an evaluation to progress to the next level. **Ages 5 1/2 & Up. "Beginner—Advanced"**

GIRLS GYMNASTICS 5-A class designed for gymnasts that are at the team level but do not wish to compete. Gymnasts must pass an evaluation to enroll. **Ages 7 & Up.**

BOYS GYMNASTICS 1-2 -A progressive set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Boys begin with gymnastics 1 and must complete an evaluation to progress to the next level. **Ages 5 1/2 & Up.**

PRE TEAM-This class is a lead-up class to Team. **Gymnast must be evaluated by the instructor to participate. Ages 6 and up**

TEAM/LEVELS - This class is for the **Competitive Teams**, which travel to local gyms to compete against other teams. **Gymnast must be evaluated by the instructor to participate on the Team. Ages 6 & up**

TEAM SESSIONS (4 WEEKS)

Team Gymnastics will not meet the weeks of: Thanksgiving (Nov. 23—27); Christmas (Dec. 21—25); Spring Break (April 5—9).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 31—Sept 21	Sept 1—Sept 22	Sept 2—Sept 23	Sept 3—Sept 24	Sept 4—Sept 25
Sept 28—Oct 19	Sept 29—Oct 20	Sept 30—Oct 21	Oct 1—Oct 22	Oct 2—Oct 23
Oct 26—Nov-16	Oct 27—Nov-17	Oct 28—Nov 18	Oct 29—Nov 19	Oct 30—Nov 20
Nov 30—Dec 28	Dec 1—Dec 29	Dec 2 —Dec 30	Dec 3— Dec 31	Dec 4—Jan 1
Jan 4—Jan 25	Jan 5—Jan 26	Jan 6—Jan 27	Jan 7—Jan 28	Jan 8—Jan 29
Feb 1—Feb 22	Feb 2—Feb 23	Feb 3—Feb 24	Feb 4—Feb 25	Feb 5—Feb 26
Mar 1—Mar 22	Mar 2—Mar 23	Mar 3—Mar 24	Mar 4—Mar 25	Mar 5—Mar 26
Mar 29—April 26	Mar 30—April 27	Mar 31—April 28	April 1—April 29	April 2—April 30
May 3 —May 24	May 4 —May 25	May 5—May 26	May 6—May 27	May 7—May 28

AGE GROUP / CLASS	INSTRUCTOR	DAY	TIME	PRICE	
GYMNAST MUST BE EVALUATED BY INSTRUCTOR	GIRLS PRE-TEAM	Cathy	MONDAY WEDNESDAY	4:00—5:30 pm 4:00—5:30 pm	\$41 1 day \$72 2 days
	BOYS PRE-TEAM	Taylor	MONDAY WEDNESDAY	4:00—5:30 pm 4:00—5:30 pm	\$41 1 day \$72 2 days
	BOYS TEAM	Taylor	MON WED FRI	5:30—8:30 pm 5:30—8:30 pm 5:30—8:30 pm	\$69 1 day \$128 2 days \$177 3 days
	GIRLS LEVEL 2 & 3	Deven	TUESDAY THURSDAY	3:45—5:45 pm	\$46 1 day \$82 2 days
	GIRLS LEVEL 4	Cathy	TUESDAY THURSDAY FRIDAY	5:00—8:00 pm 5:00—8:00 pm 4:40—8:40 pm	\$128 2 days \$177 3 days
	GIRLS P.R.E.P-OP	Rachel	TUES & THUR	5:00—8:00 pm	\$69 1 day \$128 2 days
	GIRLS LEVEL 5—6	Paul	MONDAY WEDNESDAY FRIDAY	4:40—8:40 pm 4:40—8:40 pm 4:40—8:40 pm	\$130 2 days \$180 3 days
	GIRLS LEVEL 7—9	Paul	MON/WED/FRI TUE/THUR	4:40—8:40 pm 5:00—8:40 pm	\$180 3 days \$220 4 days 250 5 days

Aerobics and Fitness

Cumming City Park has four veteran aerobic instructors who have each taught at least 11 years. These instructors are Lisa Bennett, Rhonda Goodwin, Nancy Gaddis, and Dee Gravitt. The instructors are certified and attend workshops periodically to stay current on all the latest aerobic trends. Each instructor offers her own style of instruction which makes each class unique and fun. The instructors are prepared to make the class simple for the beginner, but also challenging for the veteran exerciser.



STEP AEROBICS

Interval Training, Body Sculpting

This class involves stepping up & down on an adjustable platform while simultaneously performing upper body movements. The intensity of the workout can be adjusted by changing the height of the platform and the duration of upper body movements. It begins with a warm-up, proceeds to a cardiovascular workout followed by a cool-down and ends with floor work and toning. Our step aerobics allows you to work at your own pace as you burn fat and calories.

SESSIONS		
September 14—October 23	6 weeks	\$35
October 26—December 4 <small>(no class Nov.26)</small>	6 weeks	\$35
December 7—January 1 <small>(no class Dec.24,25,31 & Jan 1)</small>	4 weeks	\$30
January 4—February 12	6 weeks	\$40
February 15—March 26	6 weeks	\$40
March 29—May 7	6 weeks	\$40
May 10—June 18 <small>(no class May 24)</small>	6 weeks	\$40
June 21—July 30	6 weeks	\$40

LOW-IMPACT / ZUMBA AEROBICS

Interval Training, Body Sculpting & Weight Training

Low-Impact aerobics are designed to improve cardiovascular fitness without stress on bones & joints. The class incorporates easy-to-follow moves that can be done at your own pace. Program includes a warm-up, 30-40 minutes cardiovascular workout, cool-down, and toning. The toning session can be done with or without weights to strengthen & tone muscles. The cool-down includes stretching and relaxation breathing. These classes are set to motivating music in a fun, relaxed atmosphere. The goal is to improve cardiovascular fitness, burn calories, strengthen muscles and enjoy a healthier lifestyle as you work at your own pace.

In addition, Zumba, the new fitness program inspired by Latin dance, will be incorporated into Low-Impact classes once weekly. Zumba uses the principles of fitness interval training and resistance training mixed with easy-to-follow dance steps to maximize calorie output, fat burning & total body toning.

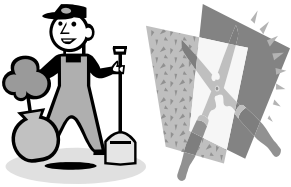
DAYS: TIME:	MORNING LOW-IMPACT
	MONDAY, WEDNESDAY & FRIDAY 8:30—9:30 am
DAYS: TIME:	EVENING LOW-IMPACT
	MONDAY, WEDNESDAY & THURSDAY 5:30—6:30 pm
AGES:	Adults
LOCATION:	Cumming Recreation Department Building
INSTRUCTOR:	Lisa Ingram Bennett, Rhonda Goodwin, Nancy Gaddis, and Dee Gravitt
<hr/>	
DAYS: TIME:	EVENING STEP
	MONDAY, TUESDAY & THURSDAY 6:30—7:30 pm
AGES:	Adults
LOCATION:	Cumming Recreation Department Building
INSTRUCTOR:	Lisa Ingram Bennett, Rhonda Goodwin, Nancy Gaddis, and Dee Gravitt

Special Needs Gymnastics & Tumbling

Every second and fourth Friday of each gymnastics session, we would love to share both gymnastics and tumbling experiences with your child. These classes will be held in a small environment for mild and moderate special needs children.



DATES		
Sept. 25	Dec. 4	March 5
Oct. 9	Jan. 15	March 19
Nov. 13	Jan. 29	
DAYS:	FRIDAY (2nd & 4th of each session)	
TIME:	3:30—4:10 pm	
COST:	\$20 per Friday	
AGES:	4 to 7 years	
LOCATION:	Dobbs Creek Recreation Center	
INSTRUCTOR:	Kim Campbell	



LANDSCAPE DESIGN



Instructor Daryl Pulis has more than 50 years of gardening experience. She was a guest designer on HGTV's "Landscape Solutions" & is a featured designer in Harris Publications' "Easy-Care Landscaping." Her company, *Mrs. Green Thumb*, specializes in affordable, low-maintenance, environmentally-friendly landscape advice for the do-it-yourself homeowner. Learn to measure, plan & design your personal landscape in this 5-week class. There is a material list.

Landscape Design Class Sessions

September 10—October 15 (no class Sept.24)

March 11—April 8

DAY: Thursdays
TIME: 10:30 am—12:00 noon
COST: \$85 per 5-week session
AGES: Adults
LOCATION: Cumming Recreation Dept.

Thursday's Landscape/Vegetable Workshops

Best Trees and shrubs for your Landscape— *There are lots of plants in the garden centers . Which are the best? Which ones should you avoid? Save time & money by learning how to choose the right plants for your garden.*

Vegetable Garden Basics— *Where to put your garden, soil testing, soil preparation, when to plant.*

Vegetable Gardening Part 2— *Tips and tricks for the best results plus organic pest control.*

2009-2010

Thursday 's Workshop Schedule

October 1 Best Trees/Shrubs for Your Landscape
March 11 Grow your own Vegetables (basics)
March 18 Grow your own Vegetables (part 2)
TIME: 12:30—1:30 pm
COST: \$15.00 per workshop

HORSEBACK RIDING



BLUE SPRINGS FARM

5016 HYDE RD.

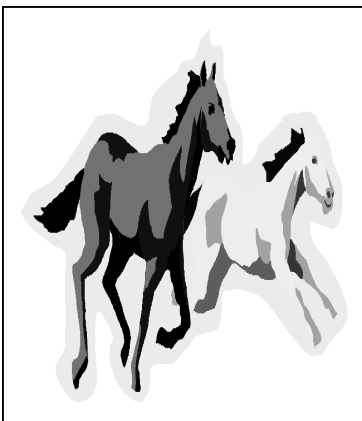
Instructor Marcy Blue has been teaching and showing for over 25 years. She has a farm in Cumming, where she hosts the Forsyth Central Equestrian Team. She has also taught lessons through Kennesaw College. She features a World Champion among her students and several Top Ten world placements.

She offers English and Western lessons in a fun, friendly & family atmosphere. It doesn't matter if you want to show or just improve your skills for trail riding, Blue Springs Farm is the place for you. Website: www.bluespringsfarm.com

Beginner Riding Classes:

Riders will be instructed in the Western style of riding. These classes will help riders build confidence & learn balance. In the 4 weeks, you'll learn safety, grooming & tacking up your horse and will experience Walking, Trotting & Cantering. Beginners & Advanced riders are welcome.

The barn is large enough for indoor classes, so classes will be held rain or shine!



HORSEBACK RIDING CLASS SESSIONS *(All classes meet for 4-week sessions at Blue Springs Farm)*

Youth –Beginners
 Ages- 6-16 yrs.
MONDAYS
 6:00—7:30 pm
 \$150.00 per session

Adults
 Ages— 17 & over
THURSDAYS
 7:00—8:30 pm
 \$150.00 per session

SESSIONS
 Sept 14— Oct 5
 Oct 12—Nov 2
 Mar 1—Mar 22
 Apr 12—May 3

SESSIONS
 Oct 15—Nov 5

Baton Twirling



6 weeks sessions

Sept. 15- Oct 20

Nov. 3- Dec. 15

Jan. 5- Feb 9

Feb. 23- Mar. 30

Apr. 13-May 18

Baton twirling classes introduces students to the basic skill of baton twirling, using music to improve coordination, timing and marching. Ages 8 & up will move at a faster pace. Fall students will perform in the Cumming Christmas parade in December.

Level 1 – Ages 5-7

TUESDAY

4:00—4:50 pm

Level 1 – Ages 8 & up

TUESDAY

5:00—5:50 pm

Cost:

\$54.00 per session

Location:

Dobbs Creek Recreation Dept.

Instructor:

Cherri Ciepiela

Cherri has been teaching baton twirling for 34 years. She was the Jr. National champion in 1975 and Senior champion in 1977. She performed on television for the Ted Mack Show and Dinah Shore Show.

DRAMA

Cindi Bekas leads the department's Drama program. Cindi has worked professionally in musical theater as a performer, and brings experience in choreographing and directing as well. *Let's Pretend* is an introduction to drama, exploring creativity thru imaginative theater games & acting out stories. *Drama I* will explore theater thru games, improvisation & scripted work, and develop students' creativity thru physical and vocal exercises. *Drama II* will offer similar training at a more advanced level.

Six-week Sessions for Drama Classes will follow the same schedule as those for Dance Classes listed on PAGE 4.

LET'S PRETEND GRADES K—2

MONDAY 3:30—4:20 PM

TUESDAY 3:30—4:20 PM

DRAMA LEVEL 1 GRADES 3—5

MONDAY 4:30—5:20 PM

DRAMA LEVEL 2 GRADES 6—8

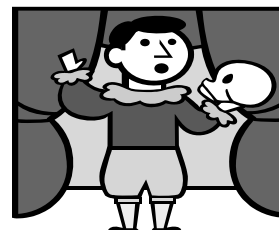
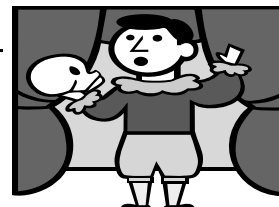
MONDAY 5:30—6:20 PM

DRAMA LEVEL 2 GRADES 3—5

TUESDAY 4:30—5:20 PM

Cumming Recreation Department

\$51.00 per 6 week session.



Registration & Refunds

All athletics, programs, and special events are provided for local citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled and any fee paid will be refunded. Registration is complete upon receipt of payment by the Recreation Department office.

Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office two (2) working days prior to the first day of class. (Please allow 2-to-3 weeks for refund processing.)

All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department, regardless of their race, color or national origin.

YOU MUST REGISTER
FOR ALL PROGRAMS
PRIOR TO BEGINNING OF CLASS.

NO REGISTRATION
ACCEPTED BY INSTRUCTORS.

DOBBS CREEK RECREATION CENTER

Open Gym / Court Rental

The Cumming Recreation Department provides the opportunity to use the basketball courts at the Dobbs Creek Recreation Center for Open Gym.
OPEN GYM HOURS

Mon—Thurs

5:30—9:30 pm

Sunday

2:00—6:00 pm

NOTE: *During Youth Basketball Season (November thru February) Open Gym will not be held.*



PICNIC PAVILION

Rental



The Park picnic shelter may be reserved by coming to the Cumming Recreation and Parks Department office at 410 Pilgrim Mill Road.

Rental fee — \$25

CUMMING RECREATION & PARKS DEPARTMENT

Mailing Address

P. O. Box 34
Cumming, GA 30028

(770)781-2030

Street Address

410 Pilgrim Mill Rd.
Cumming, GA 30040

DATE _____

(PLEASE PRINT CLEARLY)

CHECK ONE: CITY RESIDENT NON-CITY, FORSYTH COUNTY RESIDENT OUT OF COUNTY

NAME OF PARTICIPANT _____ HOME # _____

ADDRESS _____ WORK # _____

CITY _____ ZIP _____ YS YM YL AS AM AL AXL
(CAMP SHIRT)

BIRTHDATE _____ AGE _____ SEX _____ Grade _____ SCHOOL _____

MOTHER'S

NAME _____ CELL # _____ WORK # _____

FATHER'S NAME _____ CELL # _____ WORK # _____

EMERGENCY CONTACT _____ RELATION _____ TEL # _____

PARENTS EMAIL _____

ILLNESS _____ ALLERGIES _____

PHYSICAL DISABILITIES OR PROBLEMS _____

PRESCRIPTIONS TO BE DISPENSED? _____

PROGRAM _____ AGES _____ Facility _____

STARTING Date / Time _____

PROGRAM FEE _____ AMT PAID _____ CASH _____ CK # _____ BALANCE _____

REFUND POLICY

In order to receive a refund of registration fee for any program, the Cumming Recreation and Parks Department must be informed of the participant's withdrawal 5 working days prior to the first day for Camps and 2 working days prior to the first day for all other programs.

All persons are invited to participate in & use all facilities of the Cumming Recreation and Parks Department, regardless of race, color or national origin.

MAYOR OF CUMMING
H. Ford Gravitt

CITY ADMINISTRATOR
Gerald Blackburn

ASSISTANT ADMINISTRATOR
Steve Bennett

CITY COUNCIL
Quincy Holton
Lewis Ledbetter
Ralph Perry
John D. Pugh
Rupert Sexton

RECREATION COMMISSION

Deanie Creamer
Alvin Fowler
Wilma Moore
George Pirkle
Rickie Sexton

RECREATION DEPARTMENT STAFF

Greg Little, Director
Reba Castleberry, Administrative Assistant
Matt Payne, Athletic Coordinator
Sandra Bennett, Program Coordinator
Michelle Tallant Honea, Program Assistant
Jeremy Howell, Aquatics Coordinator
Jack Search, Maintenance Coordinator
Matt Pirkle, Maintenance Assistant
Josh Smith, Maintenance Assistant
James Rodriguez, Maintenance Assistant