

GYMNASTICS

INSTRUCTIONAL SESSIONS (6-WEEKS)

Gymnastics Classes will not meet the week of November 22—26, December 20—25, April 5—9)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 28 April 11—May 16	Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 April 12—May 17	Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 April 13—May 18	Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—March 31 April 14—May 19	Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—April 1 April 15—May 20

CLASS	AGE	INSTRUCTOR	DAY	TIME	PRICE
MOM/POP & TOT	15—36 months	Trish/Meredith	MONDAY	5:20—5:50 pm	\$44
		Trish/Janelle	TUESDAY	9:30—10:00 am	\$44
		Trish/Julie	WEDNESDAY	9:35—10:05 am	\$44
		Kim/Marci	THURSDAY	10:15—10:45 am	\$44
		Janelle/Meredith	FRIDAY	9:30—10:00 am	\$44
MINI TOTS	2 1/2—3 1/2	Trish/Meredith	MONDAY	4:45—5:15 pm	\$44
		Trish/Janelle	TUESDAY	10:05—10:35 am	\$44
		Trish/Janelle	TUESDAY	11:25—11:55 am	\$44
		Trish	TUESDAY	2:50—3:20 pm	\$44
		Trish/Julie	WEDNESDAY	9:00—9:30 am	\$44
		Trish/Julie	WEDNESDAY	10:55—11:25 am	\$44
		Meredith	WEDNESDAY	4:55—5:25 pm	\$44
		Kim/Marci	THURSDAY	11:35—12:05 pm	\$44
		Janelle/Meredith	FRIDAY	10:05—10:35 am	\$44
TUMBLE TIGERS 1	3 1/2—5	Trish/Meredith	MONDAY	5:55—6:35 pm	\$49
		Trish/Janelle	TUESDAY	10:40—11:20 am	\$49
		Janelle	TUESDAY	1:10—1:50 pm	\$49
		Trish/Julie	WEDNESDAY	10:10—10:50 am	\$49
		Trish	WEDNESDAY	2:25—3:05 pm	\$49
		Meredith	WEDNESDAY	5:30—6:10 pm	\$49
		Kim/Marci	THURSDAY	10:50—11:30 am	\$49
		Janelle/Meredith	FRIDAY	10:40—11:20 am	\$49
		ADVANCED TUMBLE TIGERS 1	4 1/2—6 1/2	Trish/Darlene	MONDAY
Trish/Meredith	MONDAY			6:20—7:00 pm	\$49
Trish	TUESDAY			1:10—1:50 pm	\$49
Trish/Julie	WEDNESDAY			11:30am—12:10pm	\$49
Trish/Meredith	WEDNESDAY			3:10—3:50 pm	\$49
Meredith	WEDNESDAY			6:15—6:55 pm	\$49
Trish	THURSDAY			3:15—3:55 pm	\$49
Janelle/Meredith	FRIDAY			11:25am—12:05 pm	\$49
TUMBLE TIGERS 2	4 1/2 —7	Trish/Darlene	MONDAY	4:00—4:50 pm	\$54
		Trish/Darlene/Kim	TUESDAY	6:05—6:55 pm	\$54
		Meredith	WEDNESDAY	4:00—4:50 pm	\$54
TUMBLE TIGERS 3	4 1/2—7	Trish/Darlene/Kim	TUESDAY	3:25—4:25 pm	\$59
		Trish/Darlene	THURSDAY	6:15—7:15 pm	\$59
MINI TEAM	Pre—K Pre—School	Trish/Kim	TUESDAY	3:25—4:25 pm	\$59
		Trish/Julie	WEDNESDAY	1:10—2:10 pm	\$59
TEAM TIGERS	4 1/2—7 1/2	Trish/Darlene	THURSDAY	5:15—6:30 pm	\$64
JUNIOR TEAM	4 1/2—7 1/2	Trish/Kim/Darlene	TUESDAY	4:30—6:00 pm	\$100
		Trish/Kim/Darlene	THURSDAY	4:00—5:30 pm	(both days)

ADMISSION TO CLASS
BY
INVITATION ONLY
GYMNAST MUST BE
EVALUATED BY
INSTRUCTOR

Gymnastics Jubilee will be held Sunday, May 15 through Tuesday, May 17.

ALL GYMNASTICS CLASSES ARE HELD AT THE DOBBS CREEK RECREATION CENTER



GYMNASTICS

Gymnastics is one of the best individual sports to help children build self-confidence, flexibility, agility & body control. The Recreation Department is proud to have as gymnastics instructors:

Trish Merck is the director of our pre-school gymnastics program. She has over 28 years of gymnastics teaching experience and is USAG safety certified, and has completed the KAT (Kinder Accreditation for Teachers certification program).

Deven Pressley is director of our school age gymnastic program and has over 18 years experience teaching gymnastics and is certified through United States American Gymnastics & is an accredited professional in safety and skill evaluation with USAG.

Paul Daniel has been coaching gymnastics for over 20 years. He has worked at the Krafft Academy as an assistant with compulsory & optional for Level 8 to Elite; worked as head coach & team director at Gymnastics Unlimited, and began the gymnastics program at All-Star Gymnastics.

Cathy Campfeild has been involved with the sport of gymnastics for over 30 years. She was a competitive gymnast for 11 years, qualifying for National Championships five times. She is a level 10 gymnastics judge, judging competitions throughout the state.

Taylor Easton has been coaching boys gymnastics, men & women (AAU & USAG), strength, flexibility and general sports readiness for 12 years.

Julie Murberger has 17 years of teaching experience and is the head coach of Forsyth Central High School gymnastics team.

Also assisting with our gymnastic program are Kim Campbell, Marci Phillips, Marilla Gilley, Janelle Teneza, Meredith Smith, Darlene King, Susan Seibert, Alexa Kieffer, Chris Wise, Tina Davis.

INSTRUCTIONAL SESSIONS (6-WEEKS)

(Gymnastics Classes will not meet the week of November 22—26, Dec 20—25, April 4—9)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept 13—Oct 18 Nov 1—Dec 13 Jan 3—Feb 7 Feb 21—Mar 28 April 11—May 16	Sept 14—Oct 19 Nov 2—Dec 14 Jan 4—Feb 8 Feb 22—Mar 29 April 12—May 17	Sept 15—Oct 20 Nov 3—Dec 15 Jan 5—Feb 9 Feb 23—Mar 30 April 13—May 18	Sept 16—Oct 21 Nov 4—Dec 16 Jan 6—Feb 10 Feb 24—March 31 April 14—May 19	Sept 17—Oct 22 Nov 5—Dec 17 Jan 7—Feb 11 Feb 25—April 1 April 15—May 20
AGE GROUP / CLASS	INSTRUCTOR	DAY	TIME	PRICE
Girls Gym 1 Ages 5 — 8	Tina	MONDAY	4:10—5:00 pm	\$54
	Marilla	TUESDAY	3:10—4:00 pm	\$54
	Marilla	TUESDAY	4:10—5:00 pm	\$54
	Susan	TUESDAY	4:45—5:35 pm	\$54
	Alexa	WEDNESDAY	6:50—7:40 pm	\$54
	Deven	THURSDAY	3:10—4:00 pm	\$54
Girls Gym 1 Ages 8 & up	Marci	THURSDAY	5:45—6:35 pm	\$54
	Tina/Alexis	MONDAY	6:00—6:50 pm	\$54
	Marci	TUESDAY	5:45—6:35 pm	\$54
	Alexa	WEDNESDAY	5:00—5:50 pm	\$54
	Marilla	THURSDAY	4:10—5:00 pm	\$54
	Marci	THURSDAY	7:35—8:25 pm	\$54
Boys Gym 1 (Ages 5—8)	Marci	FRIDAY	3:45—4:35 pm	\$54
	Taylor	TUESDAY	3:10—4:00 pm	\$54
	Chris	WEDNESDAY	6:30—7:20 pm	\$54
	Taylor	THURSDAY	3:30—4:20 pm	\$54
Boys Gym 1 (Ages 8 & up)	Taylor	THURSDAY	5:20—6:10 pm	\$54
	Chris	MONDAY	5:30—6:20 pm	\$54
Boys Gym 2 6 & up	Taylor	TUESDAY	4:00—4:50 pm	\$54
	Chris	MONDAY	6:20—7:20 pm	\$59
	Chris	WEDNESDAY	5:30—6:30 pm	\$59
	Taylor	THURSDAY	4:20—5:20 pm	\$59
Girls Gym 2 Ages 5 — 8	Tina/Alexa	MONDAY	5:00—6:00 pm	\$59
	Alexa	WEDNESDAY	4:00—5:00 pm	\$59
	Marci	THURSDAY	6:35—7:35 pm	\$59
Girls Gym 2 Ages 8 & up	Tina	MONDAY	6:50—7:50 pm	\$59
	Deven	TUESDAY	3:10—4:10 pm	\$59
	Marci	FRIDAY	4:35—5:35 pm	\$59
Girls Gym 3 Ages 6 & up	Susan	TUESDAY	5:40—6:40 pm	\$59
	Alexa	WEDNESDAY	5:50—6:50 pm	\$59
	Marilla	THURSDAY	3:10—4:10 pm	\$59
Girls Gym 4 & 5 Ages 6 & up	Marci	TUESDAY	6:45—7:55 pm	\$64
Tumbling I (Ages 8 & up)	Taylor	THURSDAY	6:10—7:00 pm	\$54
	Taylor	FRIDAY	3:30—4:20 pm	\$54
Tumbling II (Ages 8 & up)	Taylor	THURSDAY	7:00—8:00 pm	\$59
	Taylor	FRIDAY	4:20—5:20 pm	\$59

GYMNAST MUST BE EVALUATED BY INSTRUCTOR



Team Gymnastics



TEAM SESSIONS (4 WEEKS)

(Team Gymnastics will not meet the weeks of: Nov. 22—27, Dec. 20—25, April 4—9).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 9—Aug 30	Aug 10—Aug 31	Aug 11—Sept 1	Aug 12—Sept 2	Aug 13—Sept 3
Sept 6—Sept 27	Sept 7—Sept 28	Sept 8—Sept 29	Sept 9—Sept 30	Sept 10—Oct 1
Oct 4—Oct 25	Oct 5—Oct 26	Oct 6—Oct 27	Oct 7—Oct 28	Oct 8—Oct 29
Nov 1—Nov 29	Nov 2—Nov 30	Nov 3—Dec 1	Nov 4—Dec 2	Nov 5—Dec 3
Dec 6—Jan 3	Dec 7—Jan 4	Dec 8—Jan 5	Dec 9—Jan 6	Dec 10—Jan 7
Jan 10—Jan 31	Jan 11—Feb 1	Jan 12—Feb 2	Jan 13—Feb 3	Jan 14—Feb 4
Feb 7—Feb 28	Feb 8—Mar 1	Feb 9—Mar 2	Feb 10—Mar 3	Feb 11—Mar 4
Mar 7—Mar 28	Mar 8—Mar 29	Mar 9—Mar 30	Mar 10—Mar 31	Mar 11—April 1
April 11—May 2	April 12—May 3	April 13—May 4	April 14—May 5	April 15—May 6
May 9—May 30	May 10—May 31	May 11—June 1	May 12—June 2	May 13—June 3

GYMNAST MUST BE EVALUATED BY INSTRUCTOR

AGE GROUP / CLASS	INSTRUCTOR	DAY	TIME	PRICE
GIRLS PRE TEAM	Cathy/Marilla	MONDAY WEDNESDAY	4:00—5:30 pm	\$42 per day \$74 for 2
GIRLS LEVEL 2	Deven/Marci	TUESDAY THURSDAY	3:45—5:45 pm	\$46 per day \$82 for 2
GIRLS LEVEL 3	Deven/Marci	TUESDAY THURSDAY	3:45—6:00 pm 3:45—5:45 pm	\$87 (Must take both days)
GIRLS LEVEL 4	Deven/Julie	TUESDAY THURSDAY FRIDAY	4:30—7:30 pm	\$69 per day \$128 for 2 \$177 for 3
PREP-OP BRONZE	Marilla	MONDAY WEDNESDAY	5:30—8:00 pm	\$57 per day \$104 for 2
GIRLS LEVEL 5-6	Cathy	MONDAY WEDNESDAY FRIDAY	5:15—8:15 pm 5:15—8:15 pm 4:30—8:30 pm	\$69 per day \$128 for 2 \$177 for 3
PREP-OP SILVER	Rachel	TUESDAY THURSDAY FRIDAY	5:00—8:00 pm 5:00—8:00 pm 4:30—7:30 pm	\$69 per day \$128 for 2 \$177 for 3
GIRLS LEVEL 7-9	Paul	MONDAY WEDNESDAY FRIDAY SATURDAY	4:00—8:30 pm 4:00—8:30 pm 4:00—8:30 pm 8:30 am—1:00 pm	\$225 for 3 \$280 for 4
PREP-OP GOLD	Deven/Cathy	TUESDAY THURSDAY FRIDAY SATURDAY	4:30—7:30 pm 4:30—7:30 pm 4:30—8:30 pm 8:30 am—12:30 pm	\$192 for 3 \$236 for 4
PREP-OP PLATINUM	Paul	TUESDAY THURSDAY FRIDAY SATURDAY	4:30—8:30 pm 4:30—8:30 pm 4:30—8:30 pm 8:30 am—12:30 pm	\$216 for 3 \$268 for 4
BOYS PRE-TEAM	Taylor	MONDAY WEDNESDAY	4:00—5:30 pm	\$42 per day \$74 for 2
BOYS LEVEL 4	Taylor	TUESDAY FRIDAY	5:00—8:00 pm 5:00—8:30 pm	\$69 per day \$128 for 2
BOYS LEVEL 5-6	Taylor	MONDAY WEDNESDAY FRIDAY SATURDAY	5:00—8:30 pm 5:00—8:30 pm 5:00—8:30 pm 8:30 am—12:30 pm	\$192 for 3 \$236 for 4

ALL GYMNASTICS CLASSES ARE HELD AT THE DOBBS CREEK RECREATION CENTER



Gymnastics Class Descriptions



MOM/POP & TOT-A fun class for parent and child to participate in together. Children are introduced to basic movements, fine and gross motor skills and games for their age. **Ages 15-36 months**

MINI TOTS-The class is designed just for toddlers, helping them develop gymnastics and motor skills on their level as well as enhancing their listening and social skills in a structured and fun atmosphere. **Ages 2 ½-3 ½**.

TUMBLE TIGERS 1-A fun-oriented gymnastics class where your child will learn fundamental gymnastics skills on all gymnastics equipment. Your child will be encouraged as general fitness and self-confidence are gained. **Ages 3 ½-5**

ADVANCED TUMBLE TIGERS 1- For the student who has already participated in Tumble Tigers 1 and has been promoted, has turns 5 years of age. **Ages 4 1/2-6 1/2**

TUMBLE TIGERS 2 & 3- Gymnasts must be recommended by a instructor for this class (or be evaluated by an instructor if you are new to the program). The class is designed for the gymnast that is progressing in their skills and is ready for a more challenging class. **Ages 4 1/2-7**

MINI TEAM/TEAM TIGERS- These teams will work on all 4 competitive gymnastics apparatus while continuing to progress their tumbling skills. These teams will prepare the gymnast for a higher level class or team. **Gymnast must be invited to participate in these classes . Mini Team Ages Pre-K-Pre-School Team Tigers Ages 4 ½-7 ½**

JUNIOR TEAM—This team will work on all 4 competitive gymnastics apparatus. They will learn AAU level 2 compulsory routines along with learning performing routines **Gymnast must be invited to participate in this class. Ages 4 ½-7 ½**

TUMBLE TIME-This is a basic tumbling class where kids will work on

floor skills only, using the different mats and tumble trak. This is a great additional class to pair up with your child's regular gymnastics class. **Ages 4 1/2-7 1/2.**

GYM & DANCE- A gymnastics & dance combination class. The class will touch on the basics , gymnastics will primarily be tumbling skills with minor use of the apparatus and dance will introduce your child to ballet. **Ages 3-5.**

HOMESCHOOL GYMNASTICS- Gymnastics classes at the beginner, intermediate, and advanced levels for the elementary-aged homeschooler. This is a great class to learn basic gymnastics skills, stay physically active & interact with other children. **Ages 6 & Up.**

TUMBLING I- Students will learn strength and flexibility to accomplish the basic tumbling skills— rolls, handstands, cartwheels and back bends. **Tumbling II** An advanced class to learn back and front handsprings, front and back tuck. Etc. **Ages 8 & up**

GIRLS GYMNASTICS 1-4 (Progressive) - A set of classes for girls to learn basic gymnastics skills through appropriate skill progressions on women's events. Gymnasts begin with Girls Gym 1 and must complete an evaluation to progress to the next level. **Ages 5 1/2 & Up. "Beginner—Advanced"**

GIRLS GYMNASTICS 5-A class designed for gymnasts that are at the team level but do not wish to compete. Gymnasts must pass an evaluation to enroll. **Ages 7 & Up.**

BOYS GYMNASTICS 1-2 -A progressive set of classes for boys to learn basic gymnastics skills through appropriate skill progressions on men's events. Boys begin with gymnastics 1 and must complete an evaluation to progress to the next level. **Ages 5 1/2 & Up.**

PRE TEAM-This class is a lead-up class to Team. **Gymnast must be evaluated by the instructor to participate. Ages 6 and up**

TEAM/LEVELS - This class is for the **Competitive Teams**, which travel to local gyms to compete against other teams. **Gymnast must be evaluated by the instructor to participate on the Team. Ages 6 & up**

HORSEBACK RIDING



BLUE SPRINGS FARM

5016 HYDE RD.

Instructor Marcy Blue has been teaching and showing for over 25 years. She has a farm in Cumming, where she hosts the Forsyth Central Equestrian Team. She has also taught lessons through Kennesaw College. She features a World Champion among her students and several Top Ten world placements.

She offers English and Western lessons in a fun, friendly and family atmosphere. It doesn't matter if you want to show or just improve your skills for trail riding, Blue Springs Farm is the place for you. Website: www.bluespringsfarm.com

Beginner Riding Classes:

Riders will be instructed in the Western style of riding. These classes will help riders build confidence & learn balance. In the 4 weeks, you'll learn safety, grooming & tacking up your horse and will experience Walking, Trotting & Cantering.

Beginners & Advanced riders are welcome.

The barn is large enough for indoor classes, so classes will be held rain or shine!

HORSEBACK RIDING CLASS SESSIONS <i>(All classes meet for 4-week sessions at Blue Springs Farm)</i>	
	<p>Youth –Beginners Ages- 6-16 yrs. MONDAYS 6:00—7:30 pm \$150.00 per session</p>
	<p>SESSIONS Sept 13— Oct 4 Oct 11—Nov 1 Nov 8—Nov 29 Mar 7—Mar 28</p>
	<p>Moms– Morning Out Ages– adults WEDNESDAYS 9:30—11:00 am \$150.00 per session</p>
	<p>SESSIONS Oct 6—Oct 27 Mar 9—30</p>
	<p>Sunday Afternoon Youth Beginners Lessons Sundays Sept 5-26 2:00—2:30 pm \$150.00</p>

Aerobics and Fitness

Cumming City Park has four veteran aerobic instructors who have each taught at least 12 years. These instructors are Lisa Bennett, Rhonda Goodwin, Dee Gravitt, Kellie Wray and Nancy Aurand. The instructors are certified and attend workshops periodically to stay current on all the latest aerobic trends. Each instructor offers her own style of instruction which makes each class unique and fun. The instructors are prepared to make the class simple for the beginner, but also challenging for the veteran exerciser.



STEP AEROBICS

Interval Training, Body Sculpting

This class involves stepping up & down on an adjustable platform while simultaneously performing upper body movements. The intensity of the workout can be adjusted by changing the height of the platform and the duration of upper body movements. It begins with a warm-up, proceeds to a cardiovascular workout followed by a cool-down and ends with floor work and toning. Our step aerobics allows you to work at your own pace as you burn fat and calories.

MORNING LOW-IMPACT

DAYS:
TIME:

MONDAY, WEDNESDAY & FRIDAY
8:30—9:30 am

EVENING LOW-IMPACT

DAYS:
TIME:
AGES:
LOCATION:

MONDAY, WEDNESDAY & THURSDAY
5:30—6:30 pm
Adults
Cumming Recreation Department Building

EVENING STEP

DAYS:
TIME:
AGES:
LOCATION:

MONDAY, TUESDAY & THURSDAY
6:30—7:30 pm
Adults
Cumming Recreation Department Building

BOOT CAMP



If you have the desire to lose weight, tone up, build strength, increase endurance, or build self confidence, here's your chance. This is a fun packed, motivational class that will work your body in a positive, safe environment.

Instructors: Dee Gravitt, Kellie Wray

Session I
Aug 10-Sept 17
City Park Pavilion

Days & Times

Tuesday 9:30 — 10:30 am
Thursday 9:30 — 10:30 am
Friday 7:00 — 8:00 am

Session II
Sept 21-Oct 29
Dobbs Creek Gym

Session III
Nov 2-Dec 17
Dobbs Creek Gym

\$ 20.00 per day
\$ 40.00 for 2 days
\$ 60.00 for session

SESSIONS

September 13—October 22	6 weeks	\$40
October 25—December 3 (no class Nov 25 & 26)	6 weeks	\$40
December 6—December 31 (no class Dec. 24, 25, 31 & Jan 1)	4 weeks	\$30
January 3—February 11 (no class January 17)	6 weeks	\$40
February 14—March 25	6 weeks	\$40
March 28—May 6	6 weeks	\$40
May 9—June 17 (no class May 30)	6 weeks	\$40
June 20—July 29 (no class July 4)	6 weeks	\$40

LOW-IMPACT / ZUMBA AEROBICS

Interval Training, Body Sculpting & Weight Training

Low-Impact aerobics are designed to improve cardiovascular fitness without stress on bones & joints. The class incorporates easy-to-follow moves that can be done at your own pace. Program includes a warm-up, 30-40 minutes cardiovascular workout, cool-down, and toning. The toning session can be done with or without weights to strengthen & tone muscles. The cool-down includes stretching and relaxation breathing. These classes are set to motivating music in a fun, relaxed atmosphere. The goal is to improve cardiovascular fitness, burn calories, strengthen muscles and enjoy a healthier lifestyle as you work at your own pace.

In addition, Zumba, the new fitness program inspired by Latin dance, will be incorporated into Low-Impact classes once weekly. Zumba uses the principles of fitness interval training and resistance training, mixed with easy-to-follow dance steps to maximize calorie output, fat burning & total body toning.

ART



For the 18th year, Rick Rennick will serve as the art instructor for the Cumming Recreation and Parks Department. Holding a Bachelor of Arts Degree, as well as having a very distinguished reputation in the art community, he brings a wealth of experience to our camps and classes. Portraits of animals and landscapes are his specialties and his portrait of *Secretariat* was commissioned by and hangs at the Kentucky Derby Museum in Louisville, KY. He also has served as graphics artist and set designer on CBS television with such programs as *Search for Tomorrow* and *As the World Turns*.

TUESDAY (6-week sessions)	WEDNESDAY (6-week sessions)	THURSDAY (6-week sessions)
Sept 7—Oct 12	Sept 8—Oct 13	Sept 9—Oct 14
Oct 26—Dec 7	Oct 27—Dec 8	Oct 28—Dec 9
Jan 4—Feb 8	Jan 5—Feb 9	Jan 6—Feb 10
Feb 22—Mar. 29	Feb 23—Mar. 30	Feb 24—Mar. 31
Apr 12—May 17	Apr 13—May 18	Apr 14—May 19



ART TEEN

Ages 12—18

Visual arts mentoring. In this class, students can choose the area they want to focus on—drawing, painting, or pastels. Development and advancement through a one-on-one approach. All levels from just-interested to the advanced student are welcome. This class is progressive and on-going.

DAY / TIME	TUESDAY	6:30—8:30 pm
COST:	\$75	(There is a materials list)
LOCATION:	Cumming Recreation Department Building	
INSTRUCTOR:	Rick Rennick	

THE WONDERFUL WORLD OF ART

Ages 6—11

An adventure in the arts. Students will learn to draw well in pencil and charcoal. We will sculpt in clay and learn to paint with tempera paint. This will be a varied and changing program so students can continue for many sessions.


DAY / TIME:	THURSDAY	4:30—6:00 pm
COST:	\$75	(Supplies Included)
LOCATION:	Cumming Recreation Department Building	

Kids Art Day!

Webkinz
Drawing, painting & mask making of your Webkinz. Bring your favorite Webkinz to class. Win a drawing by Mr. Rick.
October 9

Pokémon
Drawing, painting, masks & more. You gotta catch em all!! Bring your cards. Win a drawing of favorite Pokémon.
September 11

Star Wars
Drawing, paintings & masks. Win drawings by Mr. Rick of your favorite characters. We will even make Light Sabers.
November 6



March 12

February 26

January 22

DAY / TIME:	SATURDAY	10:00am-1:00pm
AGES:	6 & Up	
COST:	\$30 per Saturday (Supplies Included)	
LOCATION:	Cumming Rec. Dept. Building	

ART EXCEL

Ages 10—13

This class will advance and nurture this age group in the visual arts. Projects will include drawing technique, composition, advanced shading and challenging subjects. Students will use pencil, charcoal and various types of paper. The class will bridge the gap between children's classes and teen art. (There is no prerequisite class.) Come explore, develop, excel!

DAY / TIME:	TUESDAY	4:30—6:00 pm
COST:	\$75	(Supplies Included)
LOCATION:	Cumming Recreation Department Building	
INSTRUCTOR:	Rick Rennick	



"Check out Adult workshops on page 15"



ADULT OIL PAINTING or PASTELS

Ages—18 and older

This class offers study in oil painting or pastels. This includes image-making fundamentals such as design, composition, and color as well as a better understanding of medium techniques. The class will accommodate all levels from beginner to advanced. New students should bring a photograph of a landscape or still life.

DAY / TIME	WEDNESDAY	1:30—4:00 pm
COST:	\$95	(There is a materials list.)
LOCATION:	Cumming Recreation Department Building	
INSTRUCTOR:	Rick Rennick	

DAY / TIME	THURSDAY	7:00—9:30 pm
COST:	\$95	(There is a materials list.)
LOCATION:	Cumming Recreation Department Building	

Adult Progressive Drawing Classes

18 and older


Wednesdays 10:00 am—12:00 noon

\$85.00 per session level 6 week sessions

Level I
Composition, negative and positive space, the relationship factor.

Level II
Drawing, shading, seeing lights and darks, value importance, the modeling of light.

Level III
Mastering drawing, subject matter consist of still life, the figure, portraiture, nature, architecture.



Sept 8—Oct 13

Oct 27—Dec 8

Jan 5—Feb 9

Supply List: 18 x 24 Newsprint pad (rough) vine charcoal (willow) soft, charcoal pencils # 1, # 2, # 3, (soft, medium, hard) rubber charcoal eraser.

Adult Art Workshops

Sky's, Clouds, Foliage

Controlling color, shadow, mid-tones and high lights. Focus will also be on structure and light direction.

Aug 28

Nov 20



Still Life

Covering composition, dramatic effect, high lights, midtones and shadows.

Sept 25

Jan 8



Painting and drawing Animals

Focus on realistic, fur, eyes and features. We will start with getting a likeness.

Oct 23

Feb 12

DAY: Saturdays
TIME: 10:00am—3:00pm
COST: \$60.00 per workshop
AGES: 16 & up
LOCATION: Cumming Rec Dept.
INSTRUCTOR: Rick Rennick

Baton Twirling

Baton twirling classes introduce students to the basic skill of baton twirling, using music to improve coordination, timing & marching. Fall students will perform in the Cumming Christmas parade in December. Cherri has been teaching baton twirling for 34 years. She was the Jr. National champion in 1975 and Senior champion in 1977. She performed on television for the Ted Mack Show and Dinah Shore Show.

Level 1 – Ages 5 & up TUESDAY 8 4:00—4:50 pm

This class is an introduction to baton twirling. The student will learn how to safely perform the basic skill of twirling. In addition, basic dance moves will be taught, allowing the student to coordinate dance moves with the baton. Technique will be emphasized for both the baton twirling and the body-work.

Level 1 – Ages 7 & up TUESDAY 8 5:00—5:50 pm

This class will review and perfect the basic skills of twirling and dance. In addition, more difficulty will be introduced in both the baton and dance portion. The student will learn about timing and perform to a choreographed routine.

6 weeks sessions

Sept. 14- Oct 19

Feb. 22- Mar. 29

Nov. 2 - Dec. 7

Apr. 12-May 17

Jan. 4- Feb 8

Cost: \$60.00 per session
Location: Dobbs Creek Rec. Center
Instructor: Cherri Ciepiela

Mr. Ian Alexander will lead our Drama Classes this fall. Ian graduated with a Bachelors Degree in Theater from Berry College. Ms. Kari O'Hara, a veteran drama teacher here will be assisting.

Drama Level 1 & 2 will explore theater thru games, improvisation & scripted work, and develop students' creativity thru physical and vocal exercises.

Six-week Sessions for Drama Classes will follow the same schedule as those for Dance Classes listed on **PAGE 4**.

LEVEL 1 & 2 GRADES 3—5
THURS. 7:00—7:50 PM

LEVEL 1 & 2 GRADES 6—8
THURS. 8:00—8:50 PM

Cumming Recreation Department
 \$51.00 per 6 week session.

Registration & Refunds

All athletics, programs, and special events are provided for local citizens and depend on public interest for their success. Registration is on a first-come, first-serve basis. A minimum, as well as a maximum, number of participants has been established for each activity. Without sufficient registration, the activities will be cancelled and any fee paid will be refunded. Registration is complete upon receipt of payment by the Recreation Department office.

Persons who wish to withdraw after registration, and request a refund, must notify the Recreation Department office two (2) working days prior to the first day of class. (Please allow 2-to-3 weeks for refund processing.) No refunds or transfers will be permitted after program begins.

All persons are invited to participate in and use all facilities of the Cumming Recreation and Parks Department regardless of their race, color or national origin.

**YOU MUST REGISTER
 FOR ALL PROGRAMS
 PRIOR TO BEGINNING OF CLASS.
 NO PRO-RATED PRICE ON ANY CLASS OR
 PROGRAM.**

**NO REGISTRATION
 ACCEPTED BY INSTRUCTORS.**

CUMMING RECREATION & PARKS DEPARTMENT

Mailing Address

P. O. Box 34
Cumming, GA 30028

Street Address

410 Pilgrim Mill Rd.
Cumming, GA 30040

DATE _____

(PLEASE PRINT CLEARLY)

CHECK ONE: CITY RESIDENT NON-CITY, FORSYTH COUNTY RESIDENT OUT OF COUNTY

NAME OF PARTICIPANT _____ HOME # _____

ADDRESS _____ WORK # _____

CITY _____ ZIP _____ YS YM YL AS AM AL AXL
(CAMP SHIRT)

BIRTHDATE _____ AGE _____ SEX _____ Grade _____ SCHOOL _____

MOTHER'S

NAME _____ CELL # _____ WORK # _____

FATHER'S NAME _____ CELL # _____ WORK # _____

EMERGENCY CONTACT _____ RELATION _____ TEL # _____

PARENTS EMAIL _____

ILLNESS _____ ALLERGIES _____

PHYSICAL DISABILITIES OR PROBLEMS _____

PRESCRIPTIONS TO BE DISPENSED? _____

PROGRAM _____ AGES _____ Facility _____

STARTING Date / Time _____

PROGRAM FEE _____ AMT PAID _____ CASH _____ CK # _____ BALANCE _____

REFUND POLICY

In order to receive a refund of registration fee for any program, the Cumming Recreation and Parks Department must be informed of the participant's withdrawal 5 working days prior to the first day for Camps and 2 working days prior to the first day for all other programs.

All persons are invited to participate in & use all facilities of the Cumming Recreation and Parks Department, regardless of race, color or national origin.

MAYOR OF CUMMING
H. Ford Gravitt**CITY ADMINISTRATOR**
Gerald Blackburn**ASSISTANT ADMINISTRATOR**
Steve Bennett**CITY COUNCIL**
Quincy Holton
Lewis Ledbetter
Ralph Perry
John D. Pugh
Rupert Sexton**RECREATION COMMISSION**Deanie Creamer
Alvin Fowler
Wilma Moore
George Pirkle
Rickie Sexton**RECREATION DEPARTMENT STAFF**Greg Little, Director
Reba Castleberry, Administrative Assistant
Matt Payne, Athletic Coordinator
Sandra Bennett, Program Coordinator
Michelle Tallant Honea, Program Assistant
Jeremy Howell, Aquatics Coordinator
Jack Search, Maintenance Coordinator
Matt Pirkle, Maintenance Assistant
Josh Smith, Maintenance Assistant
James Rodriguez, Maintenance Assistant